

# COFFEE. Organic by D'Angelo.

All coffees served as double shots.

## Black.

Double Espresso. **4.5**  
> iced + .5

Long Black. **5 / 5.5**  
> dash milk + .5

Iced Black. **6**  
> dash milk + .5

Clarity Coffee. **6.5 / 7**  
MCT Oil & Cacao Butter  
blended with warm water

Vital Black. **7 / 7.5**  
Vanilla Collagen Protein  
& Organic Grass fed Butter  
Steamed to silk with warm water  
> extra single shot + 1.5  
> decaf - Swiss Water + 1.5

## Milk.

Macchiato. Piccolo. **5**

Flat White. Latte. Cap. **5.5 / 6**

Hot Chocolate. **5.5 / 6**

Mocha. **6 / 6.5**

Iced Latte. Iced Choc. **7**

Iced Mocha. **7.5**

Vegan Coconut Affogato. **7.5**

Babyccino. **2**

> Milk Alternatives + 1  
Pure Harvest Almond & Coco Quench  
Oat or BonSoy

# TEA. House Organic Blends.

Pot for One. **6**      Iced. **6.5**

## Breakfast Republic.

Daintree black tea. blueberries.  
blue flower petals. vanilla bean.  
> side milk + .5

## Green & Apple.

Australian green tea. jasmine  
flowers. locally grown apples.

## Peace & Happiness.

Red rose petals. lemon balm.  
chamomile. lavender. blue flower  
petal. orange peel.

## Sweet Liquorice.

Red rose buds. liquorice.  
cinnamon. hibiscus flowers.  
> add honey + 1

## Detox Tea.

Dandelion. yellow dock root. uva  
ursi leaf. nettle. lemon myrtle.

## Support.

Peppermint. spearmint. echinacea.  
lemon grass. ginger. rose hip.  
orange peel. schisandra berry.

# SIGNATURE Elixirs & Lattes.

Feel good. Enjoy our unique & natural blends.

## Iced. Vegan.

### Date Frappe. 8

Double Espresso. Medjool Dates.  
Blended with Ice & Water.

- > with milk or coconut water + 2
- > add pea or whey protein + 2

### Choc Coconut Water. 8

Organic Chocolate coconut cloud.  
Over iced Coconut Water.  
Sprinkled with chocolate.

### Matcha Sunrise. 9

Organic Matcha coconut cloud.  
Over iced Coconut Water.  
Organic Orange Juice base.  
Sprinkled with Cinnamon.

### Cloud Nine Latte, 10

Organic espresso coconut cloud.  
Over iced coconut water.

- > add chocolate coconut cloud + 2
- > double cloud + 2

### Heart Potion. 10

Organic acai, beetroot, blueberry,  
pomegranate, strawberry coconut  
cloud. Over iced coconut water.

- > add chocolate coconut cloud + 2

## Carnivore.

### Bone Broth Brew. 9

Organic Grass Fed Bone Broth  
blended with warm water.

- > iced + 1

## Warm.

### Matcha Latte. 7 / 7.5

Organic Ceremonial Matcha. Milk  
choice. Coconut sugar. Cinnamon.

- > add raw honey + 1
- > iced + 1
- > berry chia jam + 2

### Prana Chai Latte. 7 / 7.5

Sticky Honey Prana Chai.  
Choice of milk. Cinnamon.

- > double espresso + 2
- > iced + 1

### Golden Latte. 7 / 7.5

Turmeric. Ginger. Cinnamon.  
Green Mango. Lemon. Pepper.  
Dash coconut sugar. Coconut milk.

- > add raw honey + 1
- > iced + 1

### Adaptogenic Latte. 7 / 7.5

Peruvian Cacao. Medi Mushrooms.  
Cordyceps. Lion's Mane. Reishi.  
Chaga. Cinnamon. Mesquite.  
Maca. Rhodiola. Choice of milk.

- > add raw honey + 1
- > iced + 1

## Primal.

### Carne Latte. 10

Espresso, Organic Grass-Fed  
Butter, Vanilla Bovine Collagen.  
blended with warm water.

**REAL. CLEAN. FOOD.**

**Always Gluten Free.**

Made to nourish. Free from sugar, dairy, preservatives & seed oils.

## **B o w l s .**

### **Pure Protein Bowl. 28**

Quinoa-Egg Slice. Two grilled eggs. Salad. House dip. Seed sprinkle.

- > add avo smash + 4
- > add extra egg + 3
- > add kraut or kim Chi + 3

### **Power Bowl. 27**

Salad of the day. Grilled Egg. Avo. Hemp Seeds & Seed Sprinkle. Kraut or Kim Chi. > add extra egg + 3

### **Stack Bowl. 22**

Choice of slice. (see display fridge) Salad. House dip. Dressing.

- > add avo smash + 4
- > add grilled egg + 3
- > add kraut or kim Chi + 3

## **P l a t e s .**

### **Keto Avo Mash Plate. 21**

Toasted Veg & Egg Loaf. NR butter (coconut & olive oil). Avo. Grilled egg. House dip. Seed sprinkle.

- > add extra egg + 3

### **Egg & Quinoa Plate. 19**

Toasted Quinoa-Egg Slice. NR butter. Grilled egg. House dip. Seed sprinkle

- > add avo smash + 4
- > add extra egg + 3

### **Very Vegan Plate. 18**

Vegan Patty (see display fridge) Avo. Sauerkraut or Kim Chi. House Dip, Seed Sprinkle.

- > add grilled egg + 3

## **TOAST. House Baked.**

### **Avo Good Day. 13**

Avocado Smash. NR Butter (coconut & olive oil). Hemp seeds. Pink salt. > add sauerkraut + 2

### **Honey Pot. 9**

NR Butter. Honey. Cinnamon. > add berry chia jam + \$ 2

### **Eggs on Toast. 15**

NR butter. Two grilled eggs. Seed sprinkle. Pink salt. Pepper.

- > add avo smash + 4

### **Peanut Butter & Jelly. 13**

NR Peanut butter. Banana. Honey. Chia Berry Jam. NR Butter.

## **BANANA BREAD. Toasted. Loaded.**

### **You're My Jam. 15**

Chia Berry Jam. Coconut Yoghurt. Toasted coconut. Berries. Drizzle of honey. Cinnamon.

### **Nut's About You. 16**

Almond butter. Banana. Toasted coconut. Drizzle of honey. Cinnamon.

## THE O.G. SMOOTHIE BOWL.

All Vegan.

With real superfoods. Enriched with Pea Protein. All made fresh.

### Madagascar Acai. 23

Acai, mixed berries, banana, vanilla pea protein, coconut milk. Topped with choc buckinis, toasted coconut, coconut yogurt, berries.

- > add Peanut butter + 2
- > add Raw Honey + 1

### Dubai Pistachio. 25

Pistachio butter, tahini, banana, vanilla pea protein, honey, cinnamon, coco milk. Topped with choc buckinis, toasted coconut, strawberry, house raw choc sauce.

- > add Raw Honey + 1

### French Tahini + Date. 24

Dates, banana, tahini, cinnamon, vanilla pea protein, coconut milk. Topped with choc buckinis, toasted coconut, caramel sauce.

- > add Raw Honey + 1

### Peruvian Cacao + Peanut. 24

Cacao, peanut butter, banana, vanilla pea protein, coconut milk. Topped with choc buckinis, toasted coconut, caramelised peanuts, berries, house raw choc sauce.

- > add Banana + 2

### American Almond. 25

Almond butter, banana, cinnamon, cacao nibs, vanilla pea protein, coconut milk, topped with toasted coconut, choc buckinis, house raw choc sauce.

- > add Mixed Berries + 1

### Japan Matcha. 25

Matcha, pineapple, banana, cinnamon, vanilla pea protein, coconut milk. Topped with toasted coconut, coco yogurt, chia berry jam.

- > add Raw Honey + 1

## GRANOLA. Grain Free.

### Chocolate Granola. 21

House toasted with our chocolate buckinis. Topped with coconut yoghurt, banana, berries, honey & cinnamon. Warm coconut milk on the side. > Cold milk optional.

## BLISS OUT YOUR BOWL.

- > **Collagen** + 2 \*not vegan
- > **Double Pea Protein** + 2
- > **Chia or Hemp Seeds** + 2
- > **Peanut or Almond Butter** + 2
- > swap for **Coconut Water** + 1

Ingredients? Please ask. Allergies? Easy, let us know. Takeaway? Yep, np.

# SUPER NATURAL PROTEIN SMOOTHIES.

With 25g of Protein. Nutrition alchemy on the go.

---

1 select **Smoothie**.

2 select **Milk**. Dairy **OR** Coconut / Almond / Oat / Soy +1

3 select **Protein**. Vanilla Whey **OR** Vanilla Pea (vegan)

---

## Republicana. 13.5

Acai. Banana. Strawberries.  
Blueberries.

> add Peanut Butter + 2

## Morning Dream. 13.5

Almond Butter. Banana. Cinnamon.  
Brown Rice & Buckwheat (GF) Puffs.

> add Blueberries + 2

## Matcha Mint. 13.5

Banana. Pineapple. Matcha. Mint.  
Kale. Cinnamon. Honey.

> add Almond Butter + 2

## Mango Lush. 13.5

Mango. Pineapple. Turmeric. Pepper.

> add Matcha + 2

> add Almond Butter + 2

## Choc Republic. 13.5

House Peanut Butter. Banana.  
Raw Cacao.

> add Raw Honey + 1

## Date Night. 13.5

Medjool dates. House Peanut Butter.

> add Double Espresso + 2

> add Banana + 2

# SOULMATE SMOOTHIES.

For the one who wants it all. When life elevates you.

---

## Battle Angel. 19

Republicana **PLUS** Pineapple.  
Double Protein. Honey. Coco Water.

> add Peanut Butter + 2

## The Goddess. 19

Detox **PLUS** Protein. Collagen.  
Pineapple. Banana. Honey.  
Coco Water.

> add Matcha + 2

## Twin Flame. 19

Love **PLUS** Protein. Collagen. Honey.  
Cinnamon. Coco Water.

> add Almond Butter + 2

## The Viking. 19

Morning Dream **PLUS** Raw Cacao.  
Double Protein. Energise Mushroom  
Blend. Coco Water.

> add Double Espresso + 1

# PURE COCONUT WATER SMOOTHIES.

Refreshing. Hydration that heals. More than a juice.

## **Detox. 13.5**

Pear. Pineapple. Kale. Ginger.  
Lemon. Mint.

> add Banana + 1

## **Immune. 13.5**

Orange. Pineapple. Carrot.  
Beetroot. Ginger.

> add Anti-Inflam blend + 2

## **Flow. 13.5**

Mixed Berries. Banana.  
Honey. Mint.

> add Acai + 2

## **Love. 13.5**

Dragon fruit. Pineapple. Strawberry.  
Lemon. Mint.

> add Collagen + 2

## **Calm. 13.5**

Mango. Pineapple. Banana. Coyo.  
Cinnamon. Honey.

> add Almond Butter + 2

## **Zen Matcha. 13.5**

Matcha. Mango. Pineapple.  
Honey. Mint.

> add Banana + 1

# HUMBLE SMOOTHIES.

Wholesome. Simple.

## **Just Nana. 8**

Banana. Honey. Milk.

## **Choc Nana. 9**

Chocolate. Banana.  
Honey. Milk.

## **Berry Nana. 10**

Mixed Berries. Banana.  
Honey. Milk.

## **Green Nana. 11**

Matcha. Banana.  
Honey. Milk.

> **Sharing is Caring** <  
Split the smoothie  
in TWO Cups + 1

# GLOW-UPS & Add-ons

- > **Collagen** + 2 \*not vegan
- > **Protein Whey or Pea** (vegan) + 2
- > **Double Protein** + 2
- > **Chia or Hemp Seeds** + 2
- > **Peanut or Almond Butter** + 2
- > swap for **Coconut Water** + 1

## > **Anti-Inflam Blend** + 2

Turmeric, ginger, cinnamon, green mango, lemon powder, pepper

## > **Longevity Blend** + 2

Beetroot, blueberry, pomegranate, acai, strawberry

## > **Energise Mushroom Blend** + 2

Peruvian Cacao with added Medicinal Mushroom Complex : Cordyceps, Lion's Mane, Reishi, Chaga, Cinnamon, Mesquite, Maca, Rhodiola